

# Maternity Compression Sizing

Sizing: Based on pre-pregnancy pant size (0-18)

## Motif Pregnancy Support Band

Size	Pre-Preg Pant Size	Under Belly Measurement
XS	00 - 0	24 - 32 in
S	2 - 4	33 - 40 in
M	6 - 12	41 - 48 in
L	14 - 18	49 - 52 in
XL	20 - 26	53 - 62 in



## Motif Postpartum Recovery Support Garment - Natural Birth

Size	Waist	Hips	Pre-Preg Pant Size
XS	24-26 in	34-36 in	00-2
S	27-29 in	37-39 in	4-6
M	30-32 in	40-42 in	8-10
L	33-36 in	43-45 in	12-14
XL	37-39 in	46-49 in	16-18
2X	40-44 in	50-54 in	20-22



## Motif Postpartum Recovery Support Garment - C-Section and Natural Birth

Size	Waist	Hips	Pre-Preg Pant Size
XS	24-26 in	34-36 in	00-2
S	27-29 in	37-39 in	4-6
M	30-32 in	40-42 in	8-10
L	33-36 in	43-45 in	12-14
XL	37-39 in	46-49 in	16-18
2X	40-44 in	50-54 in	20-22

